

# Swasthya Mitras – Frontline Community Health Workers

At the heart of Whispering Wishes Foundation's community health model are Swasthya Mitras (SMs) — locally based community health workers who act as the first point of contact for healthcare within a village.

Each Swasthya Mitra is trained in basic healthcare services and digital teleconsultation and is typically assigned to one village. With a minimum qualification of 10+2, they are equipped to support residents with everyday health needs between scheduled health camps or mobile clinic visits.



Swasthya Mitras provide doorstep healthcare, assisting community members with:

- Basic health assessments and follow-ups
- Assisted teleconsultations with doctors
- Health awareness, counselling, and referrals
- Monitoring of common conditions and early warning signs

Because they belong to the same community, Swasthya Mitras build strong relationships and trust over time — encouraging people, especially women and the elderly, to seek care early rather than delaying treatment.

Importantly, this model ensures continuity of care. Health issues identified during camps or screenings are followed up locally, helping with early detection, timely intervention, and better long-term outcomes.

Swasthya Mitras are fairly compensated for their services, making the model both sustainable and motivating. By creating dignified livelihood opportunities alongside healthcare delivery, the program strengthens local ownership while reducing dependence on external medical visits.

Working in alignment with existing public health systems, Swasthya Mitras do not replace government services — they extend their reach, ensuring that essential healthcare support remains available even in the most remote settings.