

# Digital Health Centres (DHCs) - A Permanent Healthcare Touchpoint Within the Community.

The Digital Health Centre (DHC) is a fixed, community-based clinic designed to provide consistent and reliable healthcare access in rural and underserved areas. Unlike periodic camps, DHCs operate as stable healthcare hubs, ensuring that communities have a place to seek care, advice, and follow-up throughout the year.



Each DHC is strategically established in a densely populated village and serves residents living within a 2–3 km radius, reducing the need for long-distance travel and repeat visits to distant health facilities.

Currently, Whispering Wishes Foundation operates Digital Health Centres in Baharaich, Balrampur, Fatehpur, and Chandauli — all located in Uttar Pradesh's Aspirational Districts, where healthcare access remains a persistent challenge.

Services offered at the DHC include:

- Doctor consultations through video or audio, connecting patients with qualified MBBS doctors via telemedicine for timely diagnosis and treatment
- Specialist consultations through telemedicine, enabling access to experts such as gynaecologists and paediatricians, without requiring patients to travel to district hospitals
- On-site diagnostic services, supported by portable lab equipment for basic investigations and screening
- Dispensing of approximately 50 essential medicines, covering nearly 80% of commonly reported illnesses, allowing patients to receive treatment immediately after consultation

Digital Health Centres act as the anchor of our community healthcare ecosystem. They ensure continuity of care by supporting:

- Follow-ups after health camps or Clinic-on-2Wheels visits
- Early detection and monitoring of common conditions
- Referrals and escalation when higher-level care is required

By combining on-ground presence with digital medical expertise, DHCs significantly improve both access and quality of care for rural families. Together with Clinic-on-2Wheels and Swasthya Mitras, the Digital Health Centre model creates a connected healthcare network — bringing dependable, affordable healthcare closer to where people live.